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Endodontics & Microsurgery Center

The Root Canal Specialists

Derrick I. Wang, D.M.D.

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Just a few gentle reminders regarding care after root canal therapy:

- Your tooth may ache slightly over the next 3 to 5 days. We recommend that you take Ibuprofen (Advil or Motrin) 400-600mg every 6 hours for the next 2 to 3 days and up to one week if needed. Please take them as soon as possible and before the numbness wears off. If you are unable to take Ibuprofen, you may take Tylenol instead. If Drs. Wang prescribed a pain medication to you, please only take as directed.
- The tooth will be sore to biting and often times to touch for the next 5 to 7 days. This tenderness is normal and is no cause for alarm. In rare instances, the sensitivity to biting may take couple of weeks to go away.
- The gum tissue around your tooth may be sore after the procedure. This soreness will go away within 24 to 48 hours. Warm saltwater (1 teaspoon of salt in 1 cup of warm water) may help with the discomfort.
- You may eat as you normally would as soon as the numbness has worn off. However, please avoid chewing on the tooth in question until your endodontic therapy is completed and you have seen your regular dentist for the final restoration in your tooth.
- **You must see your regular dentist within the next 4 weeks** for him or her to place a permanent restoration to secure the overall integrity of the tooth. This is very important. After 4 to 6 weeks, the temporary filling placed in our office will begin to leak. This may allow for contamination of your permanent root canal filling and may necessitate the re-treatment of your tooth.
- You may have been placed on an antibiotic after treatment or been instructed to continue with the antibiotics prescribed by your general dentist. Please take these medications as prescribed.
- Feel free to contact our office anytime if you have any questions or concerns. Please notify us if any of the following occurs:
 - Swelling around the tooth or in the face
 - Pain unrelieved by the pain medication prescribed
 - Any allergy reaction to the medications

If you have any questions or concerns, please don't hesitate to call us. We have enjoyed taking care of you and thank you for allowing us to be a part of your dental care team!